About Our GP Training Practice

Southbourne Surgery is an approved NHS training practice. We work with the Kent, Surrey and Sussex GP School, which is part of NHS England Workforce, Training and Education. This means we meet the standards required to train doctors who are becoming GPs.

What is a GP Registrar?

You may be offered an appointment with a GP registrar. GP registrars are fully qualified doctors who have completed their medical degree, spent time working in hospitals, and are registered with the General Medical Council with a licence to practise. They are now in specialist postgraduate training to become GPs.

They can diagnose illnesses, prescribe medication, order tests and make referrals, just like the other doctors in the practice.

We also have doctors in the earlier years of GP training (ST1 and ST2), foundation doctors (FY2s) gaining experience in general practice, and medical students from the University of Southampton. If you are seen by a medical student, you will always be seen by a senior GP as well.

Supervision and Safety

Every trainee is supervised by an experienced GP in the practice. This may be an Educational Supervisor or a Clinical Supervisor. A supervising GP is available during clinics to offer advice, review cases or discuss your care if needed. Patient safety and high-quality care are our priorities.

Video Recording of Consultations

As part of their training, GP registrars may ask to video record a small number of consultations. This helps them review their communication and clinical skills with their supervisor.

Your consent matters: we will always ask for your written consent before your consultation is recorded.

No obligation: you have the right to say no. If you do not wish to be recorded, please tell reception or the doctor. This will not affect your care or your appointment.

Confidentiality: recordings are confidential, stored securely and used only for training. They are deleted once they have been reviewed in an educational session with the trainee.

If a consultation appears to be being recorded and you have not given consent, please tell the doctor straight away.

Feedback and Surveys

From time to time, you may be sent a link to give feedback about a trainee. Your honest feedback helps them develop their skills and helps us maintain high standards. Thank you for your support.